



The Value of an Optum On-Site Clinic

On-site clinics are a benefit that many employers offer to their employees to provide access to convenient, high-quality health care right at work. An on-site health clinic may offer any combination of urgent care services, occupational medicine and/or health and wellness offerings.



How is an Optum On-Site Clinic different?

Optum, a division of UnitedHealth Group, is a leading information and technology-enabled health services business. With more than 124,000 employees worldwide, Optum delivers intelligent, integrated solutions that help to modernize the health system and improve overall population health.

Our approach integrates patients, data and care in a meaningful way, with the goal of simplifying health care by offering it at the right place and the right time. This helps employers realize a healthier employee population and lower health care costs.

We strive to make sure every employee – healthy, at-risk, or with a complex or chronic condition – receives the right care to improve wellness and productivity. We work to address issues early before they become costly health problems.

How does Optum set up an on-site clinic?

We don't take a one-size-fits-all approach to our on-site clinics. We take the time to sit down with you to gain insight into your unique budget, needs and company culture. From there, we individually tailor our services to maximize health care savings and improve the health of your employee population.

We deliver all our solutions from start to finish. By owning all the pieces – clinics, consultants, coaches, technology – we gain a clear advantage that makes services more relevant, less disjointed for your employers and more efficient for you. Plus, we can use our scale and scope of services to offer a fully customized solution that includes special offerings such as gynecology, mental health, fitness centers, digital health platforms and more.

How can an on-site clinic help my company?

An on-site clinic located within your company's space will:



Deliver a variety of medical services in a more efficient and welcoming environment.



Help drive down overall health care costs through timely care.



Offer preventive measures that increase overall wellness and the management of chronic conditions.

How does Optum help manage costs?

By helping you manage chronic conditions, receive unnecessary ER visits and lessen your overall health care spend, we'll help keep your bottom line healthy. Plus, because your workforce can get care without missing or leaving work, productivity will increase while absenteeism is reduced.

To keep track of your workforce's health and your spending, we offer regular reporting and our proprietary Health Plan Manager tool.

How does an on-site clinic integrate with my health care carrier?

Our on-site solutions are carrier – and vendor – agnostic. We can integrate and work with all health vendors, TPAs and carriers.

How can it help with my workers' compensation needs?

By adding an on-site clinic, companies can help to reduce their workers' compensation costs. Many injuries can be properly treated at the clinic to help workers get back to the job faster or be sent for appropriate follow-up care, if needed.

What services does an Optum on-site offer?

Your on-site clinic can draw from any of the following:

Customizable service offerings

The better we understand your employee population, the better solution we can build to meet your needs, which may include:



Wellness and Prevention

(e.g., preventive screenings, biometrics, wellness exams, immunizations, coaching, lab draws)



Acute Care

(e.g., minor eye conditions, respiratory infections, sprains and strains, symptom management)



Primary Care

(e.g., acute and chronic condition management, wellness and prevention)



Occupational Medicine

(e.g., physicals, testing programs, workers' compensation)



Ancillary Support Services

(e.g., diagnostic testing, physical therapy, behavioral health)



Minor Medical/Surgical Care

(e.g., nail removal, incision and drainage of a cyst)



Comprehensive care

- Behavioral health, including EAP and work/life balance
- Chronic condition management
- Health and wellness coaching
- Pharmacy services
- Wellness and prevention
- Case management
- Fitness centers
- Travel medicine

Episodic on-site services

- Biometric screenings
- Breath alcohol testing (BAT)
- Lab testing
- Urine drug screen (UDS) collections
- TB testing (one-step, two-step, and QuantiFERON® TB-Gold)
- Body metrics
- Flu shot clinics
- Nicotine testing
- Vaccine titers



Models of care

Depending on the model of care you choose, the cost and service offerings will vary:

- A registered nurse model can provide care coordination, wellness services and occupational medicine services.
- A registered nurse with telehealth access to a broader medical team can also provide acute and preventive care.
- A nurse practitioner and a medical assistant model can provide primary care and primary-centered medical home (PCMH) models.
- A physician-led model is able to provide specialist care, such as gynecology, orthopedics, physical therapy, etc.



How do I learn more?

We're ready to create an integrated solution tailored to your needs, as no two companies or solutions are alike. To discuss how we can help, call John Reasbeck (SVP, Growth & Business Development, Employer Solutions) at **724-597-6730** or email john.reasbeck@medexpress.com today. You can also learn more at <https://www.optum.com/business/solutions/employer/>

